Goshen Circuit Race May 30th, 2020

Race Guide

5.7 mile circuit in the fields of Goshen Presented by



(http://zonefiveracing.com/zone-five-racing-events/)

Table of Contents

- Directions, Parking, Start/Finish line Page 2
- Covid-19 Requirements & Recommendations Page 3
- Race Schedule & Packet Pickup Page 4
- Course Map & Description Page 5
- Aid Stations & Support Page 6
- Rules of the Road Page 6
- Covid-19 Declaration Page 7

Directions & Parking



- Arrive at Goshen from Hwy 6 via I-15 or Hwy 68 (Utah Lake).
- Take Center Street south ~ 0.7 miles to Goshen Park and fire station (DO NOT PARK AT FIRE STATION!). Volunteers will help direct parking locations.
- Parking, race HQ, day-of race registration & packet pickup, start/finish line, results, post-race party.

Covid-19 Requirements & Recommendations

- Fill out and sign Covid-19 Declaration form at home and drop off at checkin.
- Each participant's temperature will be taken and recorded on Declaration.
- Waivers will be printed and signed at individual homes and dropped off at check-in. You will only get your temperature taken and pick up a number at check-in.
- If there is a line for check-in, maintain <u>at least</u> 6 feet from others.
- Volunteers will abide by all current State Health Department recommendations such as face coverings, gloves, and maintaining correct distancing at all times.
- There will be no pre or post-race meetings. A quick review of the rules, course and race time will be done before each field starts.
- All participants are encouraged to maintain <u>at least</u> 6 feet from each other except during the race. Volunteers will remind participants of requirements.
- Below is how the event will flow to avoid groups exceeding 50 except when there is plenty of space to *easily* maintain correct distancing.

Race group	Arrival	Warm-up	Start	Finish	Departed
1 (CAT5/ Women B)	8am – 8:30am	8:30am – 8:50am	9:05am	10:05am/ 10:25am	10:35am/ 10:55am
1 (Men B)	8am – 8:30am	8:30am – 8:50am	9:02am	10:42am	11:25am
1 (Men A)	8am – 8:30am	8:30am – 8:50am	9:00am	11:00am	11:30am
2 (Men C)	10:30am – 11am	11am – 11:20am	11:40am	1:00pm	1:30pm
2 (Men Masters)	10:30am – 11am	11am – 11:20am	11:35am	1:15pm	1:45pm
2 (Women A)	10:30am – 11am	11am – 11:20am	11:30am	1:30pm	2:00pm

During arrival, warm-up (pre-race) and departure (post-race) participants are encouraged to spread out and easily to maintain more than 6 feet spacing. Volunteers will observe and remind participants to keep correct distances and not gather in groups.

Race Flyer and Schedules

Start Time/Order	Category	Podium Awards	Race Length	Approx. Finish Time*	Field Limit	Advance Registration**	Day of Registration**
9:00am	Men A (1,2,3)	Prizes	120 mins	11:00am	25	\$35	\$40
9:02am	Men B (3,4,5)	Prizes	100 mins	10:42am	25	\$35	\$40
9:05am	Women B (3,4,5)	Prizes	80 mins	10:25am	10	\$35	\$40
9:05am	All Citizen & JRs (CAT5)	Prizes	60 mins	10:05am	15	\$20	\$25
11:30am	Women A (1,2,3)	Prizes	120 mins	1:30pm	15	\$35	\$40
11:35pm	Masters 35+ Open	Prizes	100 mins	1:15pm	25	\$35	\$40
11:40am	Men C (4, 5)	Prizes	80 mins	1:00pm	25	\$35	\$40

May30th, 2020 Goshen Circuit Race

* Last lap will be called when the front rider(s) of a field finishes a lap and there is 20 mins or less remaining of the allotted race time, i.e. Men A will have last lap called no earlier than 10:40am or after 100 mins of race time.

Course will be open for warm-up when all fields have finished and close 10 mins before start of a race group (8:50am and ~11:20am).

2nd race is allowed if there is room in the field at \$20.

** Registration prices shown may or may not include taxes or registration fees.

Registration on BikeReg: https://www.bikereg.com/goshen-circuit-race

Course: https://ridewithgps.com/routes/31694223

Number Pickup/Check-in Options

Thursday, May 28th, 5p.m. – 7p.m. – Canyon Bicycles South Jordan 11445 South Redwood Road

Saturday, May 30th, 8a.m. – 8:45a.m. at Race Check-in Goshen Park, ~400 S. Center Street, Goshen

5.7 Mile Course, 377 feet



Course Description

The course is a 5.7 mile loop starting with a gentle climb before a short drop then rollers to the mouth of Goshen Canyon. At the mouth of the canyon the course takes a right onto Triangle road where there are two punchy climbs before leveling off then gradual down grade to Sandhill Road. Riders will turn right onto Sandhill Road. Once on Sandhill road there is a big drop, followed by a short kicker then another drop. This section has curves so watch your speed on these big drops. As you come back into town, the course makes a hard right turn onto 350 South and you will need to drop your speed to make the turn safely. After this turn it is just a short, flat section to get back to Center St. and turn for the finish.

Aid Stations & Support

No aid stations or water hand-ups will be provided for this event. Plan to bring your own water for the race and food and water for after the race.

Rules of the Road

- All USAC rules are in effect.
- Helmets No helmet, no race.
- This is an open course and will have some traffic although should be very minimal. Center Line Rule is in effect. Cross the yellow line and risk DQ. If no painted centerline marking is present riders must keep to the right side of the road at all times unless instructed by an official.
- Each rider will be given a bib number and it must be worn on the jersey above the pockets. Number placement instructions will be given at time of packet pick up/check-in.
- Do not cut, fold or alter numbers.
- Course will be open for warm-up laps until 10 mins before each start at which time no more riders may start a lap. Those on course will complete the lap then warm-up on a trainer or non-course roads, as desired.
- There are no allowances in number of laps or time for mechanicals. This is not a crit.
- No littering If you throw your trash anywhere but a trash can you risk a DQ.
- No public urination Bathrooms are available at the start/finish line only. The circuit is less
 ~ 20 mins. There is no need to stop anywhere else.
- Depending on registration numbers, some fields may race together but will be scored/podium separately.
- Volunteers are there serving you. Tell them thanks.
- Personal support vehicles are not allowed for private support.
- No wheel cars will be provided for this race.
- Time limit: With a circuit race you may do 1 less lap than your field or be pulled to keep all fields on schedule. For example, if last lap has been called for your field and you are more than 10 mins behind the field you will have your race ended without completing the last lap.
- Podium with prizes will be done as results are finalized.
- A sweep vehicle will drive the course after the event to clean any accidental trash from the riders and pick up any riders, if needed.

Contact Info:

Troy Huebner: (801) 427-0852, text/call. Email: <u>troyworkone@comcast.net</u>

COVID-19 Declaration

I _____ certify that I meet the following conditions:

□ In the last 14 days, I have not had nor currently have any of the symptoms listed below:

- \circ Fever
- \circ Chills
- \circ Cough
- Sore throat
- Muscle pain
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- □ I have not been in close contact with anyone who has tested positive for the Covid-19 virus in the last 14 days.
- □ I am not required by the Department of Health or any other authority to be in quarantine.
- □ I have not traveled to a 'hot spot', location with high rates of Covid-19, in the last 14 days.
- \Box I have not flown on a commercial airline in the last 14 days.
- \Box I have not tested positive for Covid-19 in the last 14 days.
- □ Temperature on race day (official use only):

Signature:	
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